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THE THEORY OF SELF-DEVELOPMENT AS A PSYCHOLOGICAL SOLUTION OF THE PROBLEM OF A HUMAN BEING LIBERTY

The problem of liberty is the main problem for any person. Contemporary psychology solves the problem of liberty only partly. Today in any psychological concept liberty is interpreted as “liberty in the set-up limits”. But the liberty is the ability to overcome any limits. Thus, it is necessary to create the psychological theories of a human being of a new type. For this purpose the type of psychological thinking should be changed. What is very significant to understand, is the fact that a human being is a being who generates aims. An organism is the means for these aims attainment. The organism exists in set-up limits. The human being, creating aims, exists in the processes of any set-up limits overcoming. Overcoming the limits at the expense of self-creation of aims as psychological tools is self-development. The human being capable of self-development is free.