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THE ACTION AS A HUMAN PSYCHOLOGY CATEGORY

In the post-soviet psychology, the category “action” characterizes the existence of both animals and the man simultaneously. Psychological content of the action is a natural (biological) activity.

In this type of psychology, the psyche of animals and the psyche of the man are not qualitatively different.

“The action” as the category of the man psychology should be assumed as the means of generation and implementation of ideas, hypotheses, aims by the man. If the animals are determined by the causes as the involuntary results of past activity, the man is determined by the voluntary self-created aims as the modes of future action results.

Activity is the involuntary method of the animal adaptation in the natural environment as the cause of its activity. Action is the voluntary method of the man self-creation of artificial environment, which is the aim of his action.